MAY 2022 CALENDAR OF EVENTS

## CHILDREN'S MENTAL HEALTH ACCEPTANCE MONTH

#CMHA22

SUNDAY 01	MONDAY 02	TUESDAY 03	WEDNESDAY 04	THURSDAY 05	FRIDAY 06	SATURDAY 07
Aloha Tower Lights	Aloha Tower Lights	<b>Aloha Tower Lights</b>	Aloha Tower Lights	Aloha Tower Lights	Aloha Tower Lights	<b>Aloha Tower Lights</b>
Hawaiki Tower Lights	Hawaiki Tower Lights	Hawaiki Tower Lights	<b>Hawaiki Tower Lights</b>	Hawaiki Tower Lights	Hawaiki Tower Lights	Hawaiki Tower Lights
Week 1 Social Media Challenge Begins!	Honolulu Hale Lights	<b>Honolulu Hale Lights</b>	Honolulu Hale Lights	Honolulu Hale Lights	Honolulu Hale Lights	HI State Capitol Lights
Be Seen in Green for	HI State Capitol Lights	HI State Capitol Lights	HI State Capitol Lights	HI State Capitol Lights	HI State Capitol Lights	Week 1 Social Media Challenge Winners!
CMHA Week (led by DOE)	Be Seen in Green for CMHA Week (led by DOE)	Be Seen in Green for CMHA Week (led by DOE)	Be Seen in Green for CMHA Week (led by DOE)	Be Seen in Green for CMHA Week (led by DOE)	Be Seen in Green for CMHA Week (led by DOE)	Be Seen in Green for
		12:00 PM (*) Keiki Self-Care:	7:00 AM - 8:00 AM (*) Mental Health 101 –	7:00 AM - 8:00 AM	12:30 PM - 2:00 PM	CMHA Week (led by DOE)
		Build-a-Toolbox (led by MHAH)	Overview of Mental Health Issues in the	(*) Peer Support for Youth and Families	Resource Table at the Kaua'i DOH Mall Kiosk	
		3:00 PM - 5:00 PM	Modern World (led by U.S.	(led by SAMHSA) 7:45 AM - 8:30 AM	(led by HFAA)	
		Sign-Waving at the Hawai'i State Capitol	HUD & SAMHSA) 9:00 AM - 10:00 AM	Sign-Waving at the Diamond Head Health		
		(led by Epic 'Ohana)	Sign-Waving at the CFS Office on Ft. Weaver Rd.	Center (led by HOFGC)		
			(led by CFS)	7:45 AM - 8:45 AM Sign-Waving at the		
SUNDAY 08	MONDAY 09	TUESDAY 10	WEDNESDAY 11	Corner of Kahumanu Ave. & Maui Lani Parkway	THURSDAY 12	SATURDAY 14
				(led by Maui FGC)	& FRIDAY 13	
<b>Aloha Tower Lights</b>	<b>Aloha Tower Lights</b>	<b>Aloha Tower Lights</b>	<b>Aloha Tower Lights</b>	9:30 AM - 12:00 PM Sign-Waving at the	Aloha Tower Lights	<b>Aloha Tower Lights</b>
Hawaiki Tower Lights	Hawaiki Tower Lights	Hawaiki Tower Lights	Hawaiki Tower Lights	Corner of Kamokila Blvd. & Ulu 'Ohi'a St. in Kapolei	Hawaiki Tower Lights	Hawaiki Tower Lights
HI State Capitol Lights		9:00 AM - 3:30 PM (*) Youth Mental Health	7:00 AM - 8:00 AM (*) 988 is Not a Joke –	& Resource Fair at the Kapolei State Office Bldg.		Week 2 Social Media Challenge Winners!
Week 2 Social Media Challenge Begins!		First Aid (led by MHAH)	National Suicide Prevention Hotline	(led by LOFGC)		3:30 PM - 5:00 PM
Chancinge 20gms.			Launch (led by U.S. HUD & SAMHSA)	12:00 PM - 1:00 PM (*) Suicide Prevention 101		Resource Table at the Hilo Walmart
			SAIVITISA)	(led by MHAH)		(led by HFAA)
SUNDAY 15	MONDAY 16	TUESDAY 17	WEDNESDAY 18	3:00 PM - 5:00 PM Sign-Waving at the	THURSDAY 19	SATURDAY 21
				Hawai'i State Capitol (led by Epic 'Ohana)	& FRIDAY 20	
<b>Aloha Tower Lights</b>	<b>Aloha Tower Lights</b>	<b>Aloha Tower Lights</b>	Aloha Tower Lights	3:30 PM - 5:00 PM	Aloha Tower Lights	<b>Aloha Tower Lights</b>
Hawaiki Tower Lights	Hawaiki Tower Lights	Hawaiki Tower Lights	Hawaiki Tower Lights	Resource Table at the Kaua'i DOH Mall Kiosk	Hawaiki Tower Lights	Hawaiki Tower Lights
Week 3 Social Media Challenge Begins!		12:00 PM (*) Youth Mental Health	7:00 AM - 8:00 AM (*) Get Help - Reducing	(led by HFAA)	FRIDAY, MAY 20 10:00 AM - 1:00 PM	Week 3 Social Media Challenge Winners!
Chancingo Deginisi		in Hawai'i (led by MHAH)	Stigma Associated with Mental Health (led by U.S.		Mental Health Fair at	Chancinge triminers:
			HUD & SAMHSA)		Windward (led by AMHD)	
CHNDAY	MONDAY	THECDAY	WEDNESDAY	THURSDAY	ED ID AV	CATHERRAY
SUNDAY 22	MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY	FRIDAY 27	SATURDAY 28
Aloha Tower Lights	Aloha Tower Lights	Aloha Tower Lights	Aloha Tower Lights	Aloha Tower Lights	Aloha Tower Lights	Aloha Tower Lights
Hawaiki Tower Lights	<b>Hawaiki Tower Lights</b>	Hawaiki Tower Lights	Hawaiki Tower Lights	<b>Hawaiki Tower Lights</b>	IBM Building Lights	Hawaiki Tower Lights
Week 4 Social Media	IBM Building Lights	IBM Building Lights	IBM Building Lights	IBM Building Lights		Week 4 Social Media
Challenge Begins!			7:00 AM - 8:00 AM	4:00 PM		Challenge Winners!
			(*) Now What? – Mental Health Issues in Post-	(*) Youth Mental Wellness Film Fest - Screening and		
SUNDAY 29	MONDAY 30	TUESDAY 31	COVID America (led by U.S. HUD & SAMHSA)	Q&A w/ Filmmakers (led by HWF)		
			11:00 AM - 2:00 PM			
Aloha Tower Lights	Aloha Tower Lights	Aloha Tower Lights	(*) Mental Health Mahalo Awards and Awareness Celebration			

Celebration

(led by MHAH)